# HEALTH & WELLNESS EVENTS

## **HOLIDAY ENTERTAINING WITH EASE**

140 Continental Blvd., Danville



**Healthy**Bites





## **IN-STORE EVENTS:**

#### VINO & CHEESE PLEASE!

Wednesday, December 5th, 4-6PM

Join us in the café for a festive wine tasting! Sample a variety of local wine from Shade Mountain Winery paired with specialty cheeses. Ages 21+.

### **FESTIVE GARLIC & HERB CHEESE BALL**

Friday, December 21st, 11-3PM

This recipe is fast, easy, and sure to be the hit of your holiday party!

\*Registering for an event? Connect with Emily: Email: erenninger@weismarkets.com Phone: 570-912-2870

Online Registration: www.emilycrawfordrdn.eventbrite.com

Emily also offers FREE services by appointment such as consultations, personalized shopping, and tailored nutrition guidance. Visit her office located near the pharmacy for more information!