

206740000007	SUB RST BF/AMER CHEESE 12"	1 Each	312	540	320	36	22	0	140	39	7	1970	2	15
265585000009	THUMANN'S BEEF BOLOGNA	2 oz	56	140	100	11	6	0	30	13	1	470	0	1
255745000000	THUMANN'S BOLOGNA LONG	2 oz	56	150	120	13	5	0	28	7	1	470	0	1
255750000002	THUMANN'S BOLOGNA LOW SALT	2 oz	56	150	120	13	5	0	30	7	1	370	0	1
255759000003	THUMANN'S HAM LOW SALT	2 oz	56	60	15	2	0.5	0	21	10	1	400	0	1
255728000003	THUMANN'S ROAST BEEF	2 oz	55	73	16	1.5	1	0	20	14	1	160	0	1
255835000002	THUMANN'S TURKEY GOLDEN BRN	2 oz	56	60	20	2.5	1	0	30	13	0	400	0	0
206695000008	TUNA SALAD SANDWICH ON RYE	1 Each	141	260	160	18	3.5	0	50	19	3	430	1	6
206696000007	TUNA SALAD WITH LETTUCE / TOMATO ON RYE	1 Each	170	90	40	4.5	1	0	10	5	4	120	2	8
206714000002	TURKEY ON ROLL	1 Each	179	280	25	3	0	0	50	26	4	1180	1	39
206704000005	TURKEY ON RYE	1 Each	117	110	20	2	0	0	50	21	2	830	0	4
206716000000	TURKEY WITH LETTUCE / TOMATO ON RYE	1 Each	170	120	20	2	0	0	50	21	3	840	1	6
206764000007	WEIS CHEESE BURGER DOUBLE	1 Each	539	1110	710	79	32	4	265	71	8	1270	3	27
206507000004	WEIS QUALITY CORNED BEEF AND RYE	1 Each	117	170	30	3	1	0	50	25	0	830	0	4
206508000003	WEIS QUALITY CORNED BEEF SWISS-RYE	1 Each	168	370	180	20	12	0	95	37	0	920	0	4
206505000006	WEIS QUALITY CHCKEN SALAD ON WHEAT ROLL	1 Each	142	330	240	26	4	0	70	19	1	710	0	3
206522000003	WEIS QUALITY CHCKEN SALAD W LETTUCE-TOMATO ON RYE	1 Each	170	340	240	26	4	0	70	19	1	710	1	4
206506000005	WEIS QUALITY EGG SALAD WITH LETTUCE-TOMATO ON WHEAT	1 Each	170	270	160	17	3.5	0	255	10	12	880	1	18
206516000002	WEIS QUALITY HAM SALAD ON WHEAT	1 Each	142	320	190	21	3.5	0	60	13	13	1310	1	20
206509000002	WEIS QUALITY SANDW EGG SALAD ON WHT	1 Each	142	260	160	17	3.5	0	255	9	11	880	1	17
206538000004	WEIS QUALITY SUB AMERICAN HERO 6"	1 Each	283	550	280	32	15	0	105	31	8	2280	2	37
206515000003	WEIS QUALITY SUB GRANDE VIRGINIAN 6"	1 Each	279	450	120	14	8	0	100	34	13	2020	1	44
206511000007	WEIS QUALITY SUB GRND CHSPK TURKEY CHDR BACON	1 Each	339	670	300	33	9	0	85	32	8	1750	3	59
206512000006	WEIS QUALITY SUB GRND CORDON BLEU & SWISS	1 Each	445	700	220	24	13	0	145	56	10	2490	3	63
206540000009	WEIS QUALITY SUB HAM AND AMERICAN 6"	1 Each	289	420	150	17	10	0	105	34	9	2280	2	37
206541000008	WEIS QUALITY SUB HAM AND PROVOLONE 6"	1 Each	289	400	130	14	7	0	95	34	8	1930	2	35
206539000003	WEIS QUALITY SUB HAM AND SWISS 6"	1 Each	312	500	200	22	13	0	120	40	8	1780	2	34
206517000001	WEIS QUALITY SUB ITALIAN COLD CUT 6"	1 Each	233	420	160	18	7	0	85	28	6	1780	2	33
206518000000	WEIS QUALITY TUNA SALAD SANDW ON WHT	1 Each	142	260	170	18	3.5	0	50	19	3	440	0	6
206519000009	WEIS QUALITY TUNA SALAD WITH LETTUCE / TOMATO ON WHT	1 Each	170	270	170	18	3.5	0	50	19	4	440	1	7
206520000005	WEIS QUALITY TURKEY ON WHT	1 Each	118	110	20	2	0	0	50	21	2	840	0	4
206521000004	WEIS QUALITY TURKEY W LET-TOM ON WHT	1 Each	170	120	20	2.5	0	0	50	21	3	840	1	6
206528000007	WEIS QUALITY WRAP SUPREME SMALL TURKEY SWISS	1 Each	306	420	230	25	15	0	115	35	8	1040	2	13
206529000006	WEIS QUALITY WRAP SUPREME TURKEY HAM CLUB	1 Each	306	450	280	31	19	0	135	34	8	1350	2	12
205579000004	WRAP BUFFALO CHICKEN	1 Each	119	450	420	46	8	0	40	3	2	1710	0	5
205871000009	WRAP CHICKEN SPINACH FETA	1 Each	612	610	230	26	1.5	0	115	16	19	910	2	60
207031000003	WRAP HAM CHEESE STORE MADE	1 Each	177	470	220	24	9	0	55	25	8	1190	3	36
205472000002	WRAP ITALIAN STORE MADE	1 Each	236	720	430	48	16	0	115	36	4	2550	3	33
205106000002	WRAP ROTISSERIE CHICKEN SALAD	1 Each	179	510	300	34	6	0	80	25	0	1030	2	23
207964000002	WRAP SEAFOOD SALAD SUPREME	1 Each	231	500	400	44	7	0	60	9	4	4510	1	17
209713000004	WRAP SESAME CHICKEN	1 Each	142	430	250	28	5	0	55	19	1	810	1	26
207452000002	WRAP TUNA STORE MADE	1 Each	177	580	350	39	7	0	45	19	10	1160	3	37
207450000004	WRAP TURKEY BACON CHEESE	1 Each	178	470	250	28	9	0	75	26	2	1130	3	28

ICE CREAM & DESSERTS

UPC_EAN	Item Name	Serving	Serving Size(g)	Calories	Calories From Fat	Fat(g)	Saturated Fat(g)	Trans Fat(g)	Cholesterol(mg)	Protein(g)	Sugar(g)	Sodium(mg)	Dietary Fiber(g)	Carbohydrates(g)
206266000000	WEIS QUALITY VANILLA ICE CREAM CUP 2	10 oz	284	600	310	34	22	0	130	9	52	220	0	69
206267000009	WEIS QUALITY VANILLA ICE CREAM CONE 2	14.5oz	288	820	220	24	15	0	90	6	36	350	0	128
206269000007	WEIS QUALITY CHOCOLATE ICE CREAM CUP 1	6 oz	170	390	190	21	13	0	75	8	33	150	0	41
206270000003	WEIS QUALITY CHOCOLATE ICE CREAM CONE 1	10.5 oz	175	560	110	12	8	0	45	5	20	260	0	91
206271000002	WEIS QUALITY CHOCOLATE ICE CREAM CUP 2	10 oz	284	650	310	34	22	0	130	13	56	260	0	69
206273000000	WEIS QUALITY CHOCOLATE ICE CREAM CONE 2	14.5 oz	288	850	220	24	15	0	90	9	39	380	0	128
206276000007	WEIS QUALITY STOREAWBERRY ICE CREAM CUP 1	6 oz	170	330	160	18	10	0	65	5	33	115	0	44
206277000006	WEIS QUALITY STOREAWBERRY ICE CREAM CONE 1	10.5 oz	175	530	100	11	6	0	40	3	20	230	0	92
206278000005	WEIS QUALITY STOREAWBERRY ICE CREAM CUP 2	10 oz	284	560	270	30	17	0	110	9	56	190	0	73
206279000004	WEIS QUALITY STOREAWBERRY ICE CREAM CONE 2	14.5 oz	288	790	190	21	12	0	75	6	39	330	0	131
206280000000	WEIS QUALITY MOOSE TRACKS ICE CREAM CUP 1	6 oz	170	490	260	28	15	0	50	8	39	180	3	52
206281000009	WEIS QUALITY MOOSE TRACKS ICE CREAM CONE 1	10.5 oz	175	620	150	17	9	0	30	5	23	270	2	97
206285000005	WEIS QUALITY MOOSE TRACKS ICE CREAM CUP 2	10 oz	284	820	430	47	26	0	85	13	65	300	4	86
206286000004	WEIS QUALITY MOOSE TRACKS ICE CREAM CONE 2	14.5 oz	288	970	300	33	18	0	60	9	45	410	3	140
206287000003	WEIS QUALITY MINT CHOCO CHIP ICE CREAM CUP 1	6 oz	170	410	210	23	15	0	65	5	36	115	0	49
206288000002	WEIS QUALITY MINT CHOCO CHIP ICE CREAM CONE 1	10.5 oz	175	580	120	14	9	0	40	3	21	230	0	95
206289000001	WEIS QUALITY MINT CHOCO CHIP ICE CREAM CUP 2	10 oz	284	690	350	39	26	0	110	9	60	190	0	82
206291000006	WEIS QUALITY MINT CHOCO CHIP ICE CREAM CONE 2	14.5 oz	288	880	240	27	18	0	75	6	42	330	0	137
206292000005	WEIS QUALITY COOKIES N CREAM ICE CREAM CUP 1	6 oz	170	410	190	21	13	0	65	5	36	240	0	52
206293000004	WEIS QUALITY COOKIES N CREAM ICE CREAM CONE 1	10.5 oz	175	580	110	12	8	0	40	3	21	310	0	97
206294000003	WEIS QUALITY COOKIES N CREAM ICE CREAM CUP 2	10 oz	284	690	310	34	22	0	110	9	60	410	0	86
206295000002	WEIS QUALITY COOKIES N CREAM ICE CREAM CONE 2	14.5 oz	288	880	220	24	15	0	75	6	42	480	0	140
206298000009	WEIS QUALITY P'NUT BUTTR RIPPLE ICE CRM CUP 1	6 oz	170	440	260	28	12	0	65	10	28	270	3	41
206299000008	WEIS QUALITY P'NUT BUTTR RIPPLE ICE CRM CONE 1	10.5 oz	175	590	150	17	7	0	40	6	17	330	2	91
206300000003	WEIS QUALITY P'NUT BUTTR RIPPLE ICE CRM CUP 2	10 oz	284	730	430	47	19	0	110	17	47	450	4	69
206301000002	WEIS QUALITY P'NUT BUTTR RIPPLE ICE CRM CONE 2	14.5 oz	288	910	300	33	14	0	75	12	33	510	3	128
206305000008	WEIS QUALITY BUTTER PECAN ICE CREAM CUP 1	6 oz	170	410	230	26	12	0	65	8	28	360	0	41
206306000007	WEIS QUALITY BUTTER PECAN ICE CREAM CONE 1	10.5 oz	175	580	140	15	7	0	40	5	17	380	0	91
206307000006	WEIS QUALITY BUTTER PECAN ICE CREAM CUP 2	10 oz	284	690	390	43	19	0	110	13	47	600	0	69
206308000005	WEIS QUALITY BUTTER PECAN ICE CREAM CONE 2	14.5 oz	288	880	270	30	14	0	75	9	33	620	0	128
206310000000	WEIS QUALITY VANILLA MILKSHAKE	18 oz	510	830	420	47	29	0	170	16	70	330	0	91
206312000008	WEIS QUALITY CHOCOLATE MILKSHAKE	18 oz	510	880	420	47	29	0	170	21	75	380	0	91
206313000007	WEIS QUALITY STOREAWBERRY MILKSHAKE	18 oz	510	780	380	42	24	0	145	16	75	310	0	96
206314000006	WEIS QUALITY MOOSE TRACKS MILKSHAKE	18 oz	510	1090	560	62	34	0	120	21	86	430	5	112
206316000004	WEIS QUALITY CHOCOLATE CHIP MILKSHAKE	18 oz	510	930	470	52	34	0	145	16	81	310	0	106
206318000002	WEIS QUALITY COOKIES N CREAM MILKSHAKE	18 oz	510	930	420	47	29	0	145	16	81	560	0	112
206319000001	WEIS QUALITY PEANUT BUTTR RIPPLE MILKSHAKE	18 oz	510	980	560	62	26	0	145	26	65	620	5	91
206331000003	WEIS QUALITY BUTTER PECAN MILKSHAKE	18 oz	510	930	510	57	26	0	145	21	65	800	0	91
206258000001	WEIS QUALITY VANILLA ICE CREAM CUP 1	6 oz	170	360	190	21	13	0	75	5	31	130	0	41
206260000006	WEIS QUALITY VANILLA ICE CREAM CONE 1	10.5 oz	175	550	110	12	8	0	45	3	18	240	0	91
209767000005	PEANUT BLEND ICE CREAM	1 Scoop	28	130	90	10	1.5	0	0	6	1	0	1	4
209782000004	ALMOND SLIVERS	2 tbsp	30	150	70	8	7	0	0	1	6	0	0	20
209783000003	GRANOLA	2 tbsp	30	130	45	5	0.5	0	0	4	6	10	2	20
209784000002	DARK CHOCOLATE CHIPS	2 tbsp	30	150	70	8	5	0	0	2	17	0	2	19
209785000001	COCONUT CHIPS	2 tbsp	30	220	180	20	20	0	0	2	2	10	4	8
209786000000	WALNUTS	2 tbsp	30	200	170	19	2	0	0	4	1	0	2	4
206603000007	WEIS 2 GO KING SIZE SOFT PRETZEL	1 each	145	340	20	2	0	0	0	10	0	1100	2	73
206604000006	WEIS 2 GO PRETZEL STICK	1 Stick	68	190	25	2.5	1	0	0	6	0	490	2	35
206605000005	WEIS 2 GO CHED CHS SFTD PRETZEL	1 each	99	260	70	8	4.5	0	20	8	1	520	1	39
206960000009	PUMPKIN MOUSSE	4 oz	113	240	130	14	14	0	0	2	25	85	0	28
266577000007	JALAPENO CHEDDAR STUFFED - HOT	2 pieces	65	110	25	2.5	2.5	0	10	4	2	380	3	18
267483000006	JALAPENO CHEDDAR STUFFED - COLD	2 pieces	65	110	25	2.5	2.5	0	10	4	2	380	3	18
206335000009	CHEESECAKE NO BAKE - BLISSFULL TREAT	1 each	125	360	220	24	13	0	70	8	34	350	0	39

PIZZA & STROMBOLI

UPC_EAN	Item Name	Serving	Serving Size(g)	Calories	Calories From Fat	Fat(g)	Saturated Fat(g)	Trans Fat(g)	Cholesterol(mg)	Protein(g)	Sugar(g)	Sodium(mg)	Dietary Fiber(g)	Carbohydrates(g)
205468000009	PIZZA SAUCE PIZZAIOLO	1/4 cup	57	40	15	2	0	0	0	1	5	270	0	6
205621000006	PIZZA LARGE STORE MADE WHIT W/CHICKEN/BROCCOLI	1 Slice	158	260	60	6	2.5	0	20	12	2	540	2	36
205622000005	PIZZA SLICE WHITE WITH CHICKEN /BROCCOLI	1 Slice	158	260	60	6	2.5	0	20	12	2	540	2	36
205623000004	PIZZA LARGE STORE MADE WITH/SPINACH/TOMATO	1 Slice	137	220	35	4	1.5	0	10	9	2	470	2	36
205624000003	PIZZA SLICE WHITE/SPINACH/TOMATO	1 Slice	199	310	45	5	2	0	15	13	3	640	3	51
205805000006	PIZZA LARGE COLD STORE MADE VEGETABLEE	1 Slice	184	220	35	3.5	0.5	0	0	9	4	660	2	39
206036000001	PIZZA STORE MADE SAUSAGE	1 Slice	156	290	90	10	3	0	25	13	3	810	1	37
206038000009	PIZZA SLICE BUFFALO CHICKEN	1 Slice	208	380	100	13	2	0	15	15	4	1320	2	54
206240000002	PIZZA LARGE COLD STORE MADE PEP/ CHEESE	1 Slice	180	320	70	8	2	0	5	13	5	920	2	49
206576000004	PIZZA SLICE W MUSHROOM	1 Slice	189	280	35	4	0.5	0	5	11	4	800	2	49
206577000003	PIZZA SLICE PEPPERONI SAUSAGE	1 Slice	208	420	150	17	6	0	25	18	5	1280	2	50
206578000002	PIZZA SLICE PEPPERONI MUSHROOM	1 Slice	208	360	110	12	4	0	10	15	5	1180	2	50
206579000001	PIZZA SLICE MUSHROOM SAUSAGE	1 Slice	208	330	80	9	2.5	0	15	14	4	970	2	50
206580000007	PIZZA SLICE PEPPERONI	1 Slice	171	310	70	8	2	0	5	12	5	920	2	49
206581000006	PIZZA LARGE HOT MUSHROOM	1 Slice	142	210	25	3	0.5	0	5	8	3	600	1	37
206582000005	PIZZA LARGE HOT PEPPERONI SAUSAGE	1 Slice	156	310	110	13	4	0	15	13	4	960	1	37
206583000004	PIZZA LARGE HOT PEPPERONI MUSHROOM	1 Slice	156	270	80	9	3	0	5	11	4	880	1	38
206584000003	PIZZA LARGE HOT MUSHROOM SAUSAGE	1 Slice	156	250	60	7	2	0	15	10	3	730	1	37
206585000002	PIZZA SLICE WHITE	1 Slice	180	440	200	22	7	4	15	14	2	800	2	47
207261000002	PIZZA LARGE HOT CHEESE	1 Slice	128	200	25	3	0	0	0	8	3	540	1	37
207266000007	PIZZA BIG PARTY 1 TOPPING	1 slice	198	280	40	4.5	1	0	5	11	5	790	2	50
207275000005	STROMBOLI - STORE MADE VEG HOT	4 oz.	113	200	100	11	7	0	30	9	2	740	1	19
207302000008	PIZZA SLICE CHEESE	1 Slice	170	270	35	4	0.5	0	5	11	4	720	2	49
207312000005	PIZZA SLICE CHICKEN BACON RANCH	1 Slice	199	450	160	18	5	0	45	18	3	1100	2	47
207399000004	PIZZA LARGE COLD STORE MADE-CHEESE	1 Slice	128	200	25	3	0	0	0	8	3	540	1	37
207429000004	PIZZA STORE MADE- BBQ CHICKEN	1 Slice	152	250	45	5	1.5	0	15	12	5	770	3	40
207430000000	PIZZA STORE MADE PHILLY CHEESE STEAK	1 Slice	152	240	50	5	2	0	15	12	3	700	1	37
207433000007	PIZZA SLICE BBQ CHICKEN	1 Slice	203	340	60	6	1.5	0	20	16	7	1030	4	54
207434000006	PIZZA SLICE PHILLY CHEESE STEAK	1 Slice	196	320	70	7	2.5	0	20	15	4	940	2	49
207445000002	PIZZA SLICE VEGETABLEE	1 Slice	246	300	45	5	0.5	0	5	12	5	880	3	52
207446000001	PIZZA SLICE HAWAIIAN	1 Slice	208	310	40	4.5	1	0	10	14	8	900	2	53
207447000000	PIZZA SLICE MARGHERITA	1 Slice	190	380	110	12	5	0	35	18	5	830	2	50
207448000009	PIZZA SLICE MEATBALL	1 Slice	193	290	45	5	1	0	10	13	5	800	2	49
207560000000	PIZZA MARGHERITA	1 Slice	140	280	80	9	4	0	25	14	4	620	1	37
207680000003	PIZZA SLICE SAUSAGE	1 Slice	208	390	120	14	4	0	30	17	4	1070	2	50
207683000000	PIZZA STORE MADE MEATBALL	1 Slice	145	220	35	3.5	1	0	5	10	4	600	1	37
207696000004	PIZZA LARGE STORE MADE WHITE HOT	1 Slice	135	330	150	17	5	3	15	10	2	600	1	35
207698000002	PIZZA STORE MADE HAWAIIAN	1 Slice	152	230	30	3.5	0.5	0	10	11	5	670	2	39
207700000006	PIZZA STORE MADE CHIX BACON RANCH	1 Slice	199	450	160	18	5	0	45	18	3	1100	2	47
207705000001	PIZZA STORE MADE VEGETABLE LOVERS	1 Slice	184	220	35	3.5	0.5	0	0	9	4	660	2	39
207706000000	STROMBOLI - STORE MADE ITALIAN LB	4 oz.	113	290	150	17	7	0	45	16	1	1070	1	18
205491000007	STOREOMBOLI - STORE MADE VEGETABLE	4 oz.	113	200	100	11	7	0	30	9	2	740	1	19
205474000000	STOREOMBOLI - STORE MADE AMERICAN	4 oz.	113	270	150	17	8	0	40	15	2	1150	1	18
206030000007	PIZZA STORE MADE BUFF CHICKEN	1 Slice	156	280	80	10	1.5	0	10	11	3	990	2	41
207045000006	STEFANOS PIZZA DOUGH BALL	1 each	624	1420	100	11	0	0	0	55	11	3280	11	274

SOUPS

UPC_EAN	Item Name	Serving	Serving Size(g)	Calories	Calories From Fat	Fat(g)	Saturated Fat(g)	Trans Fat(g)	Cholesterol(mg)	Protein(g)	Sugar(g)	Sodium(mg)	Dietary Fiber(g)	Carbohydrates(g)
209816000000	BAKED POTATO SOUP	16 oz	454	420	250	28	16	0	90	10	6	1160	4	40
209817000009	MARKET STREET BROCCOLI & CHEDDAR CHEESE SOUP	16 oz	454	480	320	36	22	1	110	18	6	1340	4	26
209818000008	CHICKEN NOODLE SOUP	16 oz	454	200	50	6	2	0	50	14	4	1360	2	22
209819000007	NEW ENGLAND CLAM CHOWDER	16 oz	454	620	410	46	28	0	170	18	10	1840	2	30
209820000003	SHRIMP & ROASTED CORN CHOWDER	16 oz	454	460	230	26	14	0	140	12	14	360	4	44
209821000002	MARYLAND STYLE CRAB SOUP	16 oz	454	180	25	3	0	0	30	12	8	1520	4	26
209823000000	HEARTY VEGETABLE BEEF SOUP	12 oz	340	180	50	6	1.5	0	30	13	7	1180	4	19
209824000009	CHICKEN & DUMPLINGS SOUP	16 oz	454	260	70	8	2	0	90	20	4	1580	4	30
209825000008	ITALIAN WEDDING SOUP	16 oz	454	260	130	14	5	0	50	12	2	1460	2	20
209826000007	TURKEY SAUSAGE & KALE SOUP	16 oz	454	240	60	7	2	0	40	14	6	1480	6	26
209815000001	MARKET STREET ANGUS BEEF CHILI WITH BEANS	16 oz	454	540	230	26	10	0	80	28	10	1240	18	42
206376000006	SOUP - ANGUS BEEF CHILI 4 LB	8 oz	227	270	120	13	5	0	40	14	5	620	9	21
206377000005	SOUP - NEW ENGLAND CLAM CHOWDER 4 LB	8 oz	227	310	210	23	14	0	85	9	5	920	1	15
206379000003	SOUP - SHRIMP/CORN CHOWDER 4 LB	8 oz	227	220	100	11	5	0	45	7	10	780	2	25
206380000009	SOUP - MARYLAND CRAB 4 LB	8 oz	227	90	15	1.5	0	0	15	6	4	760	2	13
206381000008	SOUP - BROCCOLI CHEDDAR 4LB	8 oz	227	240	160	18	11	0.5	55	9	3	670	2	13
206384000005	SOUP - BAKED POTATO 4 LB	8 oz	227	210	130	14	8	0	45	5	3	580	2	20
206385000004	SOUP - HEARTY BEEF VEGETABLE 4 LB	8 oz	227	120	35	4	1	0	20	9	5	790	3	13
206769000002	SOUP - RIP ROARIN CRAB 4 LB	8 oz	227	210	100	11	6	0	50	8	7	760	1	19
206770000008	SOUP - CHICKEN ENCHILADA 4 LB	8 oz	227	190	70	8	3.5	0	30	10	2	770	3	19
206771000007	SOUP - TOMATO ZUCCHINI 4 LB	8 oz	227	140	60	7	4.5	0	20	5	8	400	3	13
207395000008	SOUP - CHICKEN N DUMPLING 4 LB	8 oz	227	170	50	6	2	0	60	10	1	670	1	21
207408000001	SOUP - ITALIAN WEDDING/MEATBALL 4 LB	8 oz	227	130	60	7	2.5	0	25	6	1	730	1	10