

DELI SALADS														
UPC_EAN	Item Name	Serving	Serving Size(g)	Calories	Calories From Fat	Fat(g)	Saturated Fat(g)	Trans Fat(g)	Cholesterol(mg)	Protein(g)	Sugar(g)	Sodium(mg)	Dietary Fiber(g)	Carbohydrates(g)
0020785600000	3-BEAN SALAD	1/2 cup	100	140			3.5	0	0	2	18	260	1	25
0020738600000	ANTIPASTO SALAD	1/2 cup	100	410	290	32	8	0	25	15	3	720	0	20
0020698100000	ANTIPASTO SALAD - CUPPED	1/2 cup	100	410	290	32	8	0	25	15	3	720	0	20
0207436000004	ANTIPASTO SALAD FOR 2	1/2 cup	100	180	160	20	6	0	30	11	2	710	1	4
0020790100000	APPLE FARRO	1/2 cup	121	160		0.5	0	0	0	5	11	370	1	34
0020790200000	APPLE FARRO - CUPPED	1/2 cup	121	160		0.5	0	0	0	5	11	370	1	34
0207987000003	BACON, TOMATO, & PASTA SALAD	1/2 cup	140	290	180	20	5	0	30	7	4	780	1	20
0020697700000	BACON, TOMATO, & PASTA SALAD - CUPPED	1/2 cup	140	290	180	20	5	0	30	7	4	780	1	20
0020518000000	BAKED LIMA BEANS	1/2 cup	130	160		0	0	0	0	4	18	600	3	31
0020698200000	BAKED LIMA BEANS - CUPPED	1/2 cup	130	160		0	0	0	0	4	18	600	3	31
0020957900000	BAKED PUMPKIN BREAD PUDDING	1 piece	170	280	45	5	1.5	0	70	8	31	310	1	52
0020962100000	BAKED PUMPKIN BREAD PUDDING -CUPPED	1 piece	170	280	45	5	1.5	0	70	8	31	310	1	52
0020971700000	BAKED RAISIN BREAD PUDDING	1 piece	170	300	60	7	2.5	0	185	10	33	240	1	47
0020750500000	BANANA PUDDING - BTG	1/2 cup	130	260		8	4	0	15	3	31	190	0	43
0020642800000	BANANA PUDDING - CUPPED	1/2 cup	130	260		8	4	0	15	3	31	190	0	43
0020646200000	BANG BANG SHRIMP PASTA SALAD	3/4 cup	140	510		33	5	0	50	9	15	1040	2	44
0020646300000	BANG BANG SHRIMP PASTA SALAD - CUPPED	140	510		33	5	0	50	9	15	1040	2	44	
0207421000002	BBQ CHICKEN SALAD	1/2 cup	100	160	60	6	1.5	0	85	21	4	480	1	5
0020544700000	BROCCOLI CHEESE SALAD	1/2 cup	100	240	190	21	4	0	15	3	7	320	1	12
0020698000000	BROCCOLI CHEESE SALAD - CUPPED	1/2 cup	100	240	190	21	4	0	15	3	7	320	1	12
0011596930381	BROCCOLI, CAULIFLOWER, & CHEESE SALAD	1/2 cup	100	230	180	20	3.5	0	5	5	4	400	2	7
0209906000002	BROCCOLI, FETA & ORZO SALAD	1/2 cup	140	260	140	15	2.5	0	10	7	2	710	2	24
0020774100000	BROWN SUGAR BAKED BEANS	1/2 cup	130	170	25	2.5	0.5	0	0	5	16	980	2	29
0020984900000	BUFFALO CHICKEN PASTA SALAD - BTG	1/2 cup	121	300		24	0	0	20	6	3	220	1	16
0020985000000	BUFFALO CHICKEN PASTA SALAD - CUPPED	1/2 cup	121	300		24	0	0	20	6	3	220	1	16
0207507000001	BUFFALO CHICKEN SALAD	1/2 cup	100	170	130	13	2	0	30	6	3	1150	1	7
0207259000007	BUFFALO CHICKEN SALAD FOR 2	16 oz	447	740	490	55	16	0	60	28	6	3070	5	37
0207437000003	CAESAR SALAD FOR 2	1/2 cup	100	160	180	109	20	0	15	5	2	290	2	9
0020765500000	CAPPELINI POMODORO-BTG	3/4 cup	140	250		16	1	0	0	4	2	500	1	25
0020765400000	CAPPELINI POMODORO-CUPPED	3/4 cup	140	250		16	1	0	0	4	2	500	1	25
0020772500000	CAPRESE SALAD, STORE-MADE - BTG	1/2 cup	160	330		32	7	0	25	8	2	100	2	1
0020779000000	CAPRESE SALAD, STORE-MADE - CUPPED	1/cup	160	330		32	7	0	25	8	2	100	2	1
0209907000001	CARAMEL APPLE CRUNCH SALAD	1/2 cup	100	200	90	9	3.5	0	15	3	20	70	3	29
0020698400000	CHEESE & NUT SNACK PACK	1 Each	221	750	460	51	19	0	65	33	23	640	5	48
0207260000003	CHEF SALAD FOR 2	1 Each	456	410	210	24	14	0	290	32	9	1050	4	15
0020782600000	CHERRY PEPPER STUFFED POPPERS	1 Each	40g	80		6	1	0	11	4	0	110	0	2
0020782900000	CHESAPEAKE SEAFOOD SALAD - BTG	3/4 cup	140	350		27	4.5	0	40	7	3	870	1	21
0020782900000	CHESAPEAKE SEAFOOD SALAD - CUPPED	3/4 cup	140	350		27	4.5	0	40	7	3	870	1	21
0020569200000	CHICK PEA SALAD	1/2 cup	100	120	60	7	1	0	0	4	1	400	4	12
0020780100000	CHICKEN PICCATA	4 oz	114	140		5	1	0	60	10	2	830	0	19
0205601000002	COBB W/ROTIS CHICKEN SALAD FOR 2	1 Each	395	450	280	31	12	0	265	31	6	1270	3	12
0020774900000	COUSCOUS TOMATO BASIL	1/2 cup	140	230	120	16	1	0	0	2	1	290	1	18
0020788200000	COUSCOUS TOMATO BASIL - BTG	1/2 cup	117	180		13	1	0	0	2	2	240	2	0
0020788300000	COUSCOUS TOMATO BASIL - CUPPED	1/2 cup	117	180		13	1	0	0	2	2	240	2	0
0020716100000	CRANBERRY COUSCOUS	1/2 cup	140	220	110	12	1	0	0	4	8	180	2	27
0020698800000	CRANBERRY COUSCOUS	1/2 cup	140	220	110	12	1	0	0	4	8	180	2	27
0205178000009	CRANBERRY RELISH	1/2 cup	100	130	0	0	0	0	0	0	26	10	1	32
0020781500000	CRANBERRY SLAW - BTG	1/2 cup	117	170		8	0.5	0	0	1	17	330	2	12
0020781600000	CRANBERRY SLAW - CUPPED	1/2 cup	117	170		8	0.5	0	0	1	17	330	2	12
0020697900000	CRUNCHY VEGETABLE SALAD	1/2 cup	113	240	160	18	3	0	10	3	14	150	3	19
0020785400000	CUCUMBER & ONION SALAD - BTG	3/4 cup	101	80		2	0	0	0	0	17	210	1	18
0020785500000	CUCUMBER & ONION SALAD - CUPPED	3/4 cup	101	80		2	0	0	0	0	17	210	1	18
0072368127699	DELALLO ANTIPASTO PROVOLINI	100 g	100	230	160	18	6	0	25	9	2	1010	3	8
0072368156002	DELALLO ART BRUSCHETTA	100 g	100	290	190	21	14	0	65	18	0	1500	0	2
0072368103891	DELALLO BLUE CHEESE STUFF OLIVES	15 g	15	35	30	3.5	1	0	0	1	0	280	0	1
0072368156026	DELALLO BRUSCHETTA OLIVES	100 g	100	290	190	21	14	0	65	18	0	1500	0	2
0072368103730	DELALLO C ANTIPASTI PROVOLINI	100 g	100	230	160	18	6	0	25	9	2	1010	3	8
0072368103877	DELALLO C GREEK FETA SALAD	100 g	100	290	190	21	14	0	65	18	0	1500	0	2
0072368103853	DELALLO C JUMBO CALAMATA OLIVES	15 g	15	20	20	2	0.5	0	0	0	0	280	0	1
0072368103860	DELALLO C OLIVES SEASON MEDLEY	15 g	15	25	15	2	0	0	0	0	0	290	0	1
0476000011153	DELALLO GREEK FETA SALAD	100 g	100	290	190	21	14	0	65	18	0	1500	0	2
0072368600932	DELALLO ITAL STY FAR MUSH	30 g	30	30	20	2	0.5	0	0	1	2	40	4	2
0072368701172	DELALLO PEPPER DROPS	100 g	100	290	190	21	14	0	65	18	0	1500	0	2
0206336000008	DOWN HOME FLAVOR RICE PUDDING	1/2 cup	110	140	20	2	1	0	30	3	19	40	0	25
0206334000000	DOWN HOME ORIG RICE PUDDING	1/2 cup	113	150	25	3	1.5	0	15	4	17	135	0	25
0020774600000	EDAMAME SALAD	1/2 cup	102	190	120	13	1	0	0	7	6	440	3	15
0020775100000	EDAMAME SALAD - CUPPED	1/2 cup	102	190	120	13	1	0	0	7	6	440	3	15
0207530000009	FRESH FRUIT SALAD	1/2 cup	100	40	0	0	0	0	0	1	8	5	1	10
0026561700000	GREEK ORZO SALAD	1/2 cup	140	190	50	7	1.5	0	5	6	5	790	3	27

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0020685300000	GREEK ORZO SALAD - CUPPED	1/2 cup	140	190	50	7	1.5	0	5	6	5	790	3	27	
0026561700000	GREEK PASTA SALAD	2/3 cup	140	230	130	14	0	0	10	6	1	240	1	21	
0020697600000	GREEK PASTA SALAD - CUPPED	2/3 cup	140	230	130	14	0	0	10	6	1	240	1	21	
0020789900000	HARVEST QUINOA SALAD	1/2 cup	100	170		9	1	0	0	2	9	140	1	22	
0020790000000	HARVEST QUINOA SALAD - CUPPED	1/2 cup	100	170		9	1	0	0	2	9	140	1	22	
0020698500000	HB EGG & CHEESE SNACK PACK	1 Each	264	560	300	34	16	0	432	35	14	520	1	33	
0020780200000	HONEY FRUIT & NUT CHICKEN SALAD - BTG	1/2 cup	100	330		26	3.5	0	40	12	9	320	1	14	
0020780300000	HONEY FRUIT & NUT CHICKEN SALAD - CUPPED	1/2 cup	100	330		26	3.5	0	40	12	9	320	1	14	
0020781700000	HONEY LEMON PASTA SALAD - BTG	2/3 cup	139	250		11	1	0	0	5	13	470	0	33	
0020781800000	HONEY LEMON PASTA SALAD - CUPPED	2/3 cup	139	250		11	1	0	0	5	13	470	0	33	
0020776900000	JALAPENO PESTO PASTA SALAD	1/2 cup	140	260	140	16	3.5	0	15	7	3	510	3	24	
0020777000000	JALAPENO PESTO PASTA SALAD - CUPPED	1/2 cup	140	260	140	16	3.5	0	15	7	3	510	3	24	
0020785800000	KALE CAESAR SALAD - BTG	1/2 cup	140	350		32	6	0	50	8	1	490	0	9	
0020785900000	KALE CAESAR SALAD - BTG	1/2 cup	140	350		32	6	0	50	8	1	490	0	9	
0020680600000	KOREAN KIMCHI	1/2 cup	100	90	40	4	0.5	0	0	1	10	650	2	15	
0207718000005	LEMON CAPELLINI SALAD	1/2 cup	140	280	160	18	3	0	0	6	2	720	2	25	
0020779900000	LEMON MOUSSE - BTG	1/2 cup	105	250		18	10	0.5	65	1	16	95	0	21	
0020780000000	LEMON MOUSSE - CUPPED	1/2 cup	105	250		18	10	0.5	65	1	16	95	0	21	
0020765000000	LEMON ORZO WITH EDAMAME-BTG	1/2 cup	140	320		21	1.5	0	0	5	2	760	1	29	
0020765100000	LEMON ORZO WITH EDAMAME-CUP	1/2 cup	140	320		21	1.5	0	0	5	2	760	1	29	
0206628000006	LEMON PASTA & WHEATBERRY	1/2 cup	140	390	280	31	6	0.5	10	7	1	450	3	22	
0020791400000	LOADED BK RANCH POTATO SALAD	1/2 cup	140	290		22	5	0	30	6	3	520	0	20	
0020791500000	LOADED BK RANCH POTATO SALAD - CUPPED	1/2 cup	140	290		22	5	0	30	6	3	520	0	20	
0044276027606	MANDARIN ORANGE MIST	1/2 cup	100	160	40	4	4	0	0	1	25	125	0	29	
0020698600000	MEDITERRANEAN SNACK PACK	1 Each	241	450	250	28	10	0	40	19	8	1	6	35	
0206607000003	MEXICAN STREET CORN	1/2 cup	100	190	100	10	2.5	0	10	4	7	150	3	20	
0207211000007	MR RONS COLESLAW	1/2 cup	100	180	110	12	2	0	5	1	17	30	2	19	
0207096000000	MR RONS RICE PUDDING	1/2 cup	110	150	25	3	1.5	0	15	4	17	130	0	24	
0205218000006	NELL'S BROCCOLI SALAD	1/2 cup	100	280	230	25	5	0	20	4	8	540	1	10	
0206335000009	NO-BAKE CHEESECAKE	1 each	125	360	220	24	13	0	70	8	34	350	0	39	
0206483000005	OLD BAY MACARONI SALAD	1/2 cup	140	450	150	17	3	0	25	9	13	2370	0	65	
0020774700000	ORIENTAL NOODLE SALAD	1/2 cup	140	420	180	20	4	0	20	14	12	1270	3	44	
0206793000009	ORZO W/ROASTED TOMATO/CAPERS	1/2 cup	140	230	90	10	0.5	0	0	6	5	390	2	29	
0206784000001	QUINOA TABOULI	1/2 cup	100	160	90	10	0.5	0	0	3	2	420	2	15	
0020783300000	ROMAN-STYLE ARTICHOKE	2 Tbsp	30	30		2	0.5	0	0	1	2	40	4	2	
0207420000003	ROTISSERIE CHICKEN SALAD	1/2 cup	100	280	210	23	3.5	0	60	16	0	600	0	0	
0207439000001	SALAD FOR 2 CHICKEN CAESAR SALAD FOR 2	1 each	320	400	180	32	5	0	100	35	5	1010	4	26	
0020698300000	SALAMI & CHEESE SNACK PACK	1 Each	214	650	480	53	23	0	125	32	7	2470	1	23	
0205148000008	SEAFOOD SALAD SUPREME	1/2 cup	100	230	160	18	2	0	40	5	3	540	1	13	
0207231000001	SENIOR RICE PUDDING	1/2 cup	130	170	35	4	2.5	0	15	4	19	55	0	29	
0020788700000	SICILIAN BEAN SALAD - BTG	1/2 cup	100	130		8	1.5	0	5	4	2	290	2	10	
0020984600000	SICILIAN BEAN SALAD - CUPPED	1/2 cup	100	130		8	1.5	0	5	4	2	290	2	10	
0020609800000	SMOKED MOZZ PENNE W/SPINACH	1/2 cup	140	380	250	28	7	0	30	12	1	500	2	19	
0020779100000	SMOKED MOZZ PENNE W/SPINACH - CUPPED	1/2 cup	140	380	250	28	7	0	30	12	1	500	2	19	
0020984700000	SMOKEY MOZZARELLA PASTA SALAD - BTG	1/2 cup	100	240		17	4	0	25	6	4	400	1	16	
0020984800000	SMOKEY MOZZARELLA PASTA SALAD - CUPPED	1/2 cup	100	240		17	4	0	25	6	4	400	1	16	
0020741700000	SOUTHWESTERN SALAD	1 Each	220	200		13	5	0	35	11	4	410	4	13	
0020786000000	SPA CHICKEN SALAD - BTG	1/2 cup	140	210		8	1	0	15	10	10	390	2	25	
0029786100000	SPA CHICKEN SALAD - CUPPED	1/2 cup	140	210		8	1	0	15	10	10	390	2	25	
0020791200000	SPICY KOREAN SLAW	1/2 cup	100	100		4.5	0	0	0	1	8	460	1	14	
0020791300000	SPICY KOREAN SLAW - CUPPED	1/2 cup	100	100		4.5	0	0	0	1	8	460	1	14	
0020788400000	SPINACH GEMILLI SALAD - BTG	2/3 cup	147	320		19	3	0	0	7	2	600	2	31	
0020788500000	SPINACH GEMILLI SALAD - CUPPED	2/3 cup	147	320		19	3	0	0	7	2	600	2	31	
0020518300000	SPIRAL PASTA SALAD	1/2 cup	140	380	230	25	3.5	0	0	5	8	720	2	34	
0020791600000	SPIRAL PASTA SALAD - CUPPED	1/2 cup	140	380	230	25	3.5	0	0	5	8	720	2	34	
0207504000004	STEAKHOUSE POTATO SALAD	1/2 cup	140	310	210	23	6	0	35	6	4	580	2	21	
0020722900000	SUMMER SLAW	1/2 cup	100	150		11	1.5	0	10	1	9	230	2	11	
0205775000006	SUPERFOOD SALAD	1/2 cup	100	120	30	3.5	0	0	0	0	13	170	4	19	
0020697800000	SUPERFOOD SALAD - CUPPED	1/2 cup	100	120	30	3.5	0	0	0	0	13	170	4	19	
0020765200000	SWEET & SOUR BABY BEETS	1/2 cup	110	120		0	0	0	0	1	26	660	0	28	
0020765300000	SWEET & SOUR BABY BEETS	1/2 cup	110	120		0	0	0	0	1	26	660	0	28	
0020773900000	SWEET & SOUR COLE SLAW	1/2 cup	100	120	50	6	1	0	0	1	14	190	2	16	
0020779300000	SWEET & SOUR CUCUMBERS	1/2 cup	122	150		0	0	0	0	0	37	260	1	37	
0020779400000	SWEET & SOUR CUCUMBERS	1/2 cup	122	150		0	0	0	0	0	37	260	1	37	
0205202000005	TAPIOCA PUDDING	1/2 cup	130	130	25	3	1.5	0	15	3	17	150	0	22	
0020785200000	THAI PAD NOODLE SALAD - BTG	1 cup	144	340		9	1.5	0	0	11	5	630	2	56	
0020785300000	THAI PAD NOODLE SALAD - CUPPED	1 cup	144	340		9	1.5	0	0	11	5	630	2	56	
0020985100000	TOMATO BACON EGG PASTA SALAD - BTG	1/2 cup	100	260		19	3.5	0	90	8	2	450	1	16	
0020985200000	TOMATO BACON EGG PASTA SALAD - CUPPED	1/2 cup	100	260		19	3.5	0	90	8	2	450	1	16	

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0020698700000	TUNA PASTA SALAD	3/4 cup	140	460	230	25	4	0	25	12	3	510	1	50	
0020714900000	TUNA PASTA SALAD -CUPPED	3/4 cup	140	460	230	25	4	0	25	12	3	510	1	50	
0205186000008	W2GO AMISH MACARONI SALAD	1/2 cup	140	480	110	12	2	0	20	11	17	370	4	83	
0205187000007	W2GO AMISH POTATO SALAD	1/2 cup	140	250	120	13	2	0	15	2	9	430	2	31	
0207386000000	W2GO ANTIPASTO SALAD	1/2 cup	113	270	190	22	6	0	20	7	2	810	2	12	
0205158000005	W2GO BAKED LIMA BEANS	1/3 cup	100	120	0	0	0	0	0	3	14	460	2	24	
0205152000001	W2GO CREAMY COLE SLAW	1/2 cup	100	190	120	12	2	0	15	1	17	320	2	20	
0207164000000	W2GO EGG SALAD	1/2 cup	100	200	130	14	3.5	0	245	2	5	720	0	10	
0207498000004	W2GO GERMAN POTATO SALAD	1/2 cup	140	150	10	1	0	0	0	3	12	420	2	32	
0205157000006	W2GO HAM SALAD	1/2 cup	100	250	150	17	3.5	0	50	0	8	1200	0	13	
0205154000009	W2GO MACARONI SALAD	1/2 cup	140	480	160	18	3	0	25	10	14	480	3	69	
0205151000002	W2GO POTATO & EGG SALAD	1/2 cup	140	290	160	18	3	0	30	3	9	550	2	29	
0205150000003	W2GO POTATO SALAD	1/2 cup	140	250	130	14	2.5	0	20	2	9	540	2	30	
0205137000002	W2GO RED POTATO SALAD	1/2 cup	140	290	160	18	4	0	30	4	10	380	2	29	
0020681500000	W2GO TUNA SALAD	1/2 cup	100	290	210	23	4.5	0	40	15	1	470	0	5	
0020610100000	WATERGATE SALAD	1/2 cup	100	140		7	7	0	0	0	16	15	18		
0205168000002	WEGMAN'S CHOW CHOW	1/2 cup	113	260	180	20	2.5	0	45	6	3	610	1	15	
0206475000006	Z SALAD ANTIPASTA SALAD	1/2 cup	100	30	35	13	0	0	0	1	2	55	1	3	